

Bio Sheet Sheryl Roush

Sheryl Roush is President/CEO of Sparkle Presentations, Inc., a conference presenter, a top-rated international trainer, a 17-time published author and speaking coach.

As a sought-after speaker, she has presented over 3,500 programs, to groups as large as 5,000 (receiving standing ovations). Sheryl has opened on stage for Marie Osmond and keynote closed for Geena Davis... and has spoken on programs alongside celebrities including Olivia Newton-John, Jane Seymour, Art Linkletter, Marcus Buckingham, *Good Morning America's* Joan Lunden, and Suze Orman. In 2007, she presented the closing address to seven nations in the Arabian Gulf District 79 and was the only woman on the three-day program.

In 1993 Sheryl was the sixth (and youngest) woman in the world to be honored by Toastmasters with their elite Accredited Speaker designation for "outstanding platform professional speaking" (scored in six categories). Only 69 have earned the award in 142 countries. For enhancing global communication and leadership, Toastmasters honored Sheryl with the 2009 "Presidential Citation," selecting her from over 260,000 members. A Professional Member of the National Speakers Association since 1990, Sheryl earned the "Golden Microphone" from the Greater Los Angeles Chapter, and was selected "Member of the Year" award from both the Los Angeles and San Diego Chapters.

As a speaking coach, Sheryl has served as Director for the U.S. Olympic Training Center in San Diego, training Olympic medalists public speaking skills. She trained the NFL award-winning San Diego Charger Girl cheerleaders in their public speaking and TV/Radio interview skills from 2000-2016, and trained lecturers for Deepak Chopra. Sheryl is also a past president of the San Diego Professional Coaches Alliance, an ICF affiliate Chapter.

As a 35-year+ veteran in marketing design and printing, Sheryl has owned five graphic design studios, and written five books on graphic arts, including *Solid Gold Newsletter Design*. Her inspirational books include: *Sparkle-Tudes!*®, *Heart of a Woman in Business*, *Heart of a Woman*, *Corazón de Mujer* (Spanish), *Heart of a Mother*, and *Heart of the Holidays*. The San Diego Book Awards awarded the *Heart of a Military Woman*, the 2009 Best Inspirational Book. *Heart of a Toastmaster* received the 2014 Best Anthology from the International Book Awards. Sheryl was honored with the 2016 Author of Influence Award.

Her high-content programs are delivered with a motivational style and tone, are tailored, engaging and loaded with valuable how-to's for immediate application.

Clients include: 7-Up Sales Managers; County of Los Angeles-Management Council; IBM; Intuit/TurboTax; Los Angeles Unified School District (120 programs); Jones Day; Marriott; San Diego Zoo; Sheraton; Sony; Southwest Airlines; UCLA; Union Bank; Verizon Wireless; W and Westin hotels and Women's Conferences.

View sample videos at SherylRoush.com
For Coaching Programs visit SpeakAndMarketLikeAPro.com
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Have Sheryl Roush to speak at your next conference, association, company, meeting, organization ... or retreat!

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